

HGU Hygiene Plan

1. Personal measures for the protection of staff and students

The following information has been put together to ensure a safe and hygienic environment in all areas of HGU (administration, teaching, research).

Personal Hygiene

The most important things to remember are:

- Following the Robert-Koch-Institute (RKI) personal hygiene recommendations
- Social distancing
- Following basic rules in case of infection or suspected infection
- Wearing a mouth-nose protection
- Reading all info from HGU (e-mails, homepage)
- Until at least April 30, 2021, all HGU staff members are entitled to receive 2 COVID self-test kits per week

Individual hygiene measures can help slow the rate of infection. The most important measures (based on RKI recommendations) are:

a. Hand-washing and disinfection

Regular hand-washing with soap and water is sufficient. The use of hand disinfectant is generally not recommended. The use of alcohol-based disinfectant is appropriate in certain areas of HGU. Four areas of HGU were identified as having a high volume of people (Campus Building, Student Administration Building – Müller-Thurgau-Haus, Main Administration, Institute and Laboratory Building – ZIG), and disinfection dispensers were installed there at the beginning of the pandemic. The university vehicles were also equipped with disinfectant. Proven 'limited antiviral' disinfectants (effective against enveloped viruses – Influenza and Corona Viruses) are to be used. Proven products labelled 'limited antiviral PLUS' or 'antiviral', which also work against unenveloped viruses, are also sufficient.

b. Sneeze etiquette

You should always cough or sneeze into your elbow or a paper tissue, which should be disposed of in a trash can after use. You should also wash your hands after using a paper tissue.

c. Social Distancing

This can limit the person-to-person spread of the virus, and basic rules are:

- Maintain a minimum distance of 1.5 meters from other people if possible
- Avoid shaking hands, embracing or cheek-kissing when greeting or leaving people

In case of respiratory viral infection or suspected infection with COVID-19

Staff and students with fever and further respiratory symptoms (cough, breathing difficulties, sore throat, etc.) should stay at home and consult a doctor or the emergency hotline (116117).

If you become infected with COVID-19, you must self-quarantine at home for 14 days, as recommended by RKI. When in contact with anyone else in the household, masks should be worn by all parties.

If a corona case has occurred in the family household, it is necessary to discuss with occupational safety whether the employee may visit HGU.

Suspected cases or illnesses of COVID-19 of both staff and students must also be reported immediately to the HGU via corona@hs-gm.de (or tel. 06722 502285).

Protective mouth and nose masks

Mouth and nose protection (MNP) (FFP2 or surgical masks) must be worn in all buildings (and their traffic areas) of the HGU. Wearing a MNP is not required at the workplace if the room is used by only one person. Care must be taken to ensure that the mask is as dense as possible when wearing it. FFP2/ surgical masks are basically disposable items, but can be used several times after drying.

It is recommended, if possible, to set up a break (optimal: at least 30 min) after wearing a mouth-nose-protection for 3 hours at the latest (for FFP2 masks after 90 min).

2. Protective hygiene measures on campus during teaching periods

Protective measures can help protect staff and students who are exposed to a greater risk of infection, e.g. because of many contacts. However, 100% protection cannot be ensured.

Lecture room hygiene at HGU

Regular correct airing of rooms is particularly important in order to ensure an air exchange. A 10-minute cross-ventilation with completely open windows should be carried out several times a day, and at least after each class, in rooms without technical ventilation. This must be taken into account in the time planning. Tilted window ventilation is largely ineffective, since hardly any air is exchanged.

Regular and thorough ventilation must also be ensured in the offices.

In addition, the following should be noted:

The general infectiousness of Corona viruses on inanimate surfaces decreases rapidly depending on material and environmental conditions such as temperature and humidity. So far, there is no evidence of transmission through surfaces in public areas.

The RKI does not recommend routine surface disinfection in universities in the current COVID-19 pandemic. Here, adequate cleaning is sufficient, and the lecture rooms are to be cleaned every working day by the cleaning department. Door handles and staircases must be cleaned several times a day.

Cleaning agents (e.g. hygiene cleaning cloths) are provided to the lecture rooms. The students can wipe their seat / table themselves before or after use.

If disinfection is considered necessary in individual cases, the surface should be wiped down using a cold solution. Spraying without wiping is less effective and can also be harmful, as disinfectants can be inhaled (this can also occur if wiping with warm, possibly steaming disinfectant solution). The surface disinfectant should be selected so that subsequent cleaning is not necessary.

Hygiene in sanitary areas

Sufficient quantities of liquid soap and paper towels are to be provided in the toilets, and should be regularly replenished. Relevant disposal containers for paper towels are to be provided.

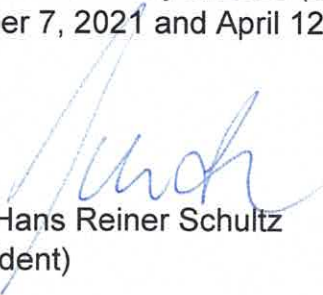
Hygiene rules during in-person teaching/exams

- Seating plans do not guarantee a distance of 1.5 m to your neighbor.
- RKI hygiene rules are to be followed ('elbow-sneezing', hand washing)
- Before taking place, self-responsible cleaning may be carried out. Hygiene cleaning cloths are provided before entering the examination room;
- There is an obligation to wear an FFP2 mask or a surgical-mask when entering and leaving the room and also when seated.
- Teaching staff members are not required to wear MNP if they remain in the front area of the lecture hall.

- Rooms should be aired regularly, at least between classes, for at least 10 minutes
- Utensils and glassware used in wine tastings are to be machine-washed at 60°C
- Excursions are generally possible. If third-party companies are visited, the hygiene regulations applicable there must be strictly adhered to.

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